

Welcome to the Bollywood Shake Monthly Newsletter



Keeping you up-to-date on latest Bollywood Shake news and events every month!

Sep 1, 2010

*** LABOR DAY Combo Package Deal***



LABOR DAY Combo Package Deal - 40% Off Workout and Dance Class Package - \$138 for 2 months of dance classes (8 sessions) and 2 months of Unlimited workout classes (a \$227 value!)

* Deal valid till Tuesday, Sept 7th ONLY

Special Note: First 5 people to purchase the deal will receive a FREE Bollywood Shake t-shirt and bumper sticker

Visit our home page for more details and to purchase this deal: http://www.bollywoodshake.com

Bollywood Shake Workout and Dance Workshops

Upcoming Classes in Sept

Start the month by learning some great moves and grooves at Bollywood Shake dance classes! Or break a sweat and lose some pounds by attending our workout classes!

The September classes begin after Labor Day on Tuesday, Sept 7th.

There are limited spaces in these classes, so Register Here now!

For our latest class schedule visit:

http://www.bollywoodshake.com/schedule.html

Upcoming Performances in Sept

Bollywood Shake students and professional team will perform at the following upcoming events:

Event: Bydee Art Festival
Hosted by: City of Cedar Park
Date: Sat, Sep 18th, 2010
Click Here for more info

Event: Taste of India

Hosted by: Indian Catholic Association

Date: Sat, Sep 25th, 2010 Click Here for more info

Event: India Celebration Hosted by: Central Market Date: Sat. Oct 2nd. 2010







Attend a Bollywood Shake Workshop for only \$5 per person! Learn some great moves while getting a sample of our classes!

BOLLYWOOD WORKOUT WORKSHOP

When: Sat, Sept 11th from 4:00 - 4:45pm

Where: Bollywood Shake Studio

BOLLYWOOD DANCE WORKSHOP

When: Sat, Sept 11th from 5:00 - 5:45pm

Where: Bollywood Shake Studio

Register Here for the workshops

Introducing "Bollywood Kids Dance Classes for BOYS"

Offering Bollywood Kids Classes exclusively for BOYS(4-12yrs) inspired by the boyish dance styles of Bollywood actors such as Hritik Roshan, Shahrukh Khan and Shahid Kapoor!

These dance classes are fun, exciting and use music and imagery that the boys can relate to while learning choreographed routines to Bollywood music.

Starting in September, *featuring a Hip Hop instructor* who will be teach the boys some cool hip hop moves to Bollywood music!

The classes will be held every **Sunday** from **3-4pm**. The new session begins the weekend after Labor Day on **Sunday**, **Sept 12th**.

Find the Schedule, Rates and Registration details at the below link: http://www.bollywoodshake.com/schedule.html

Indian festivals in September



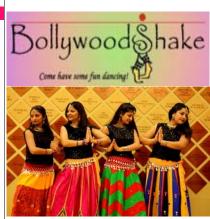
Govinda/Krishna Janmashtami: Sept 2nd (All over India)

The festival of Krishna Janmashtami, also known as Govinda, commemorates the birthday of Lord Krishna. An extremely fun part of the festival involves people climbing on each other and forming a human pyramid to try and reach and break open clay pots filled with curd, which have been strung up high from buildings.

Ganesh Chaturthi: Sept 11th (Mostly in the state of Maharashtra)

The spectacular eleven day Ganesh Chaturthi festival honors the birth of the beloved Hindu elephant-headed god, Lord Ganesha. The start of the festival sees huge, elaborately crafted statutes of Ganesha installed in homes and podiums, which have been especially constructed and beautifully decorated. At the end of the festival, the statutes are paraded through the streets, accompanied by much singing and dancing, and then submerged in the ocean.

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